

**Johnston City Community Unit
School District #1**



**Extracurricular Activities/Student
Drivers and Drug Testing Policy
Handbook**

2022-2023

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All students must complete the Up-to Date Phone Numbers Form (Appendix D), Consent form for Drug Testing (Appendix E) and the Sign-off Sheet (Appendix F) and return the forms to their respective school's office (Johnston City High School or Washington Middle School)

**JOHNSTON CITY HIGH SCHOOL/ WASHINGTON MIDDLE SCHOOL
STUDENT ATHLETE, STUDENT DRIVERS, AND EXTRACURRICULAR
PARTICIPANT STANDARDS**

Participation in extracurricular activities, such as interscholastic athletics, is not an absolute right. Instead, participation is a privilege enjoyed by students in the Johnston City School District. As a participant, the student is a representative of the school district and the town and is expected to conduct his or herself in a manner becoming both the school and community.

The rules set forth in this document will apply to all Johnston City High School and Washington Middle School students who participate in extracurricular activities, including any athletic team sponsored by the school district, and high school students who drive to school. They shall apply to the student's performance both in-season and off-season.

Extracurricular activities, including athletics, offer experiences desirable in developing a student's attitude, sense of responsibility, and level of maturity. These experiences encourage desirable habits of discipline, promote an atmosphere of acceptable ethical and moral attitudes, and develop qualities of self-sacrifice and dedication toward common goals.

To accomplish these goals, the administration, coaches, and sponsors in the Johnston City School District have devised these standards, which they feel will positively promote the desired attitudes and development of character, personality, and discipline. Parents/guardians and students are encouraged to read and discuss these rules. District personnel will read and offer explanations of these rules to all extra-curricular participants and high school students who drive to school. This act will constitute a verbal warning.

All students participating on athletic teams **MUST** pay their pay-to-play fee prior to the first contest date. The fee is \$30 per sport (\$60 maximum per student). In addition, all students participating on athletic teams **MUST** have their regular school fees up to date and paid in full. Please call the school office if you need to set up a payment plan for school fees.

Johnston City High School is a member of the Black Diamond Conference (West Division) for volleyball, boys and girls basketball, softball, baseball, and track. Current member schools are Christopher, Goreville, Sesser-Valier, Trico, Vienna, and Zeigler-Royalton. Johnston City High School is a member of the Black Diamond Conference for football. The current member schools for the Black Diamond Football Conference are Carmi-White County, Christopher-Zeigler-Royalton, Eldorado, Edwards County, Fairfield, Flora, Hamilton County, Sesser-Valier-Waltonville, Vienna-Goreville.

Washington Middle School is a member of the Coal Belt Conference. Current member schools are Christopher, Goreville, Hamilton County, Sesser-Valier, and Unity Point.

JCCUSD1 Sports

Fall Sports

High School

Football
Volleyball
Boys Cross Country
Girls Cross Country
Boys Golf
Girls Golf

Middle School

Baseball
Softball
Boys Cross Country
Girls Cross Country

Winter Sports

High School

Boys Basketball
Girls Basketball
Wrestling
Coed Bowling

Middle School

Boys Basketball
Girls Basketball
Volleyball

Spring Sports

High School

Baseball
Softball
Boys Track
Girl Track
Bass Fishing

Middle School

Boys Track
Girls Track

Participation in the following activities is governed by this handbook;

Athletics
Cheerleading
Pom Pon (Dance)
Student Drivers (Parking Permits)

CODE OF CONDUCT

EXTRACURRICULAR/ATHLETIC and HIGH SCHOOL STUDENTS WHO DRIVE TO SCHOOL EXPECTATIONS

An athlete is considered to be any person who participates in a try-out for and/or participates in any interscholastic sport offered by Johnston City High School or Washington Middle School. A student is considered to be a participant in an extra-curricular activity if the student participates in a try-out for and/or participates in any extra-curricular activity offered by Johnston City High School or Washington Middle School which does not affect a student's grade. A high school student driver is a student who has been issued an Illinois driver's license and drives a personal vehicle to school one or more days each school year.

1. Drinking, Tobacco, Tobacco Products, or Controlled Substances (Drugs)

Students are prohibited from using, possessing, delivering, or selling alcohol, illegal drugs, and/or drugs not prescribed for the individual taking them. Furthermore, the legal drinking age in the State of Illinois is 21 and federal and state laws prohibit the use of controlled substances. Alcohol will be defined as the intoxicating agent in beverage alcohol, ethyl alcohol or other low molecular weight alcohols, including methyl or isopropyl alcohol for the purposes of this policy. Student athletes and/or extracurricular participants shall not use, consume, vape, deliver, or sell tobacco or tobacco products (Including Vapor and E-Cigarettes). Any student caught using, possessing, delivering, or selling any alcohol substance, tobacco, tobacco products, or controlled substances (drugs) will receive the following consequences:

1st Offense-The student will be suspended immediately for 50% of the extra-curricular season. If less than 50% of the season remains, the punishment will conclude during the next season the student participates. If a student is participating in more than one extra-curricular activity, the student will be suspended for 50% of each activity. Student drivers will have their driving privileges suspended for 50% of the current school year. If less than 50% of the current school year remains, the punishment will conclude the following school year. Also, student drivers would not be able to drive to extra-curricular activities, including practice and competitions/games. The student is eligible to participate in practices with the head coach's approval. In addition, the student must attend all contests, competitions, and performances, but may not participate or wear a uniform.

2nd Offense-The student will be suspended from participating in all extra-curricular activities for one calendar year. Student drivers will have their driving privileges suspended for one calendar year.

3rd Offense-The student will be suspended from participating in any extra-curricular activities for the remainder of his/her educational career. Student drivers will have their driving privileges suspended for the remainder of his/her educational career.

1st Offense Option

If a student tests positive, the first time the suspension can be reduced to 25% of the extracurricular season or school year for student drivers, if the parent/guardian and the student agree to the following:

- Start counseling dealing with substance abuse.
- The counseling is at the expense of the parents/guardians.
- Continue with the counseling until the counselor has stated that the student has achieved the goals of the counseling.
- Take drug test(s) at the parents/guardians expense until the counselor has stated that the student has reached his/her goals. The tests will be given whenever the random drug test is given.

Self Reporting Clause

If a student has a substance abuse problem, and wants help, the first time the suspension can be reduced to 25% of the extracurricular season or school year for student drivers, if the parent/guardian and the student agree to the following:

- The student will be tested to see what levels of drugs are in the body.
- The student starts counseling at the parents/guardians expense.
- The student completes counseling, with written verification from the counselor, stating that the individual has reached his/her goals.
- The student will take drug test(s), at the parents/guardians expense, until the counselor has stated that the individual has reached his/her goals. The tests will be given whenever a random drug test is given.

Note to all extra-curricular participants-For the purposes of this policy and procedures, the use of alcoholic substances and controlled substances have been combined. All participants should be aware of the following type of scenario. If a student is caught violating this policy for the first time by drinking an alcoholic substance, this will be considered the first offense and the student will receive the consequence as stated above. If the same student is caught at a later date using controlled substances, this will be considered the second offense and the student will receive the consequence stated above. Also, violations of this policy are considered to be cumulative during a student's enrollment at Johnston City High School and Washington Middle School. As an example, this means that a student could violate the policy as a freshman and receive the 1st offense consequences and violate the policy as a senior and receive the 2nd offense consequences.

In order to prevent the harmful effects of alcohol, tobacco, and drugs, to help students achieve to their highest possible level, and to arm our students with another reason to say

“NO,” the Johnston City School District is conducting mandatory drug testing aimed at all students involved in extracurricular activities and high school students who drive to school.

The drug-testing program is not intended to be a punitive measure, but rather a way to help our students stay away from the usage of alcohol and other drugs, to help our students who do have a substance problem, and to promote a drug free environment for our students.

Any student involved in extra-curricular activities at Johnston City High School or Washington Middle School and high school students who drive to school and his or her parent(s)/guardian(s), must sign a written consent for drug testing (Appendix F). If any student or parent/guardian refuses to sign the consent, the student will be ineligible for extra-curricular activities and/or he/she will be unable to drive to school and he/she will remain ineligible until the consent is signed.

2. Carry-Over Suspension

The activity code will be enforced on a year-round basis. Disciplinary consequences for violations when a student is “out of season” or during the summer normally will be levied in the student’s next period of competition or performance.

If the violation of the Code occurs in the last part of a sport and the violator cannot fulfill the terms of his/her violation in that sport, the suspension does carry-over until the suspension is fulfilled. This includes their next sport or the same sport next year, i.e. the suspension is for two football games with only one remaining, the athlete must also miss his first basketball game or baseball game until the suspension has been served. An athlete may not pick up a sport he/she has not previously participated in simply to fulfill their suspension. This will be determined by the previous year’s participation in sports. A suspension of a student’s driving privileges will be carried over to the next school year, if necessary. Violations of the Code accumulate throughout a student’s school career.

3. Grooming/Appearance

Students involved in extracurricular activities will be expected to dress and groom in such a manner which will portray a positive image of his or herself, the school and town.

4. Unsportsmanlike/Inappropriate Conduct

During a contest or competition, students are expected to conduct themselves properly so as not to be reprimanded for unsportsmanlike/inappropriate conduct. Infractions will be dealt with specifically on an individual basis by the coach.

At any time or at any location, regardless of quantity, a participant shall not:

- Be involved in, arrested for, and/or convicted of violations of any local, state or federal laws (other than minor traffic violations), such as, but not limited to, major theft, malicious destruction of school or personal property, gross sexual misconduct, attacks on school personnel, carrying weapons, and substance abuse arrest.

CRIMINAL VIOLATIONS:

Students involved in, arrested for, and/or convicted of a violation of any local, state, or federal law (other than minor traffic violations) will be subject to the following penalties based on the severity of the offense and/or recurrence by the offender:

- Suspended from competition for 50% of scheduled and completed contests/performance.
- Suspended from participation in all extra-curricular activities for one calendar year.
- Suspended from participation in extracurricular activities for the remainder of his or her high school career at Johnston City CUSD #1.

5. Curfew

It is a recognized fact that peak performance is enhanced by proper nutrition and rest. The City of Johnston City maintains a curfew for persons under the age of 18, Sunday-Thursday 10 pm and Friday-Saturday 11 pm. The school district supports this curfew and requests that students involved in extracurricular activities and their parents/guardians support and respect it.

6. Off-Season Practices

All coaches and/or sponsors will respect the rights of other coaches and/or sponsors as pertaining to off-season practice schedules. Where such a practice is deemed necessary, coaches and/or sponsors are expected to cooperate for the benefit of the student athlete.

7. Grades

In accordance with the district policy, all students involved in extracurricular activities must be passing in accordance with the standards of the Illinois High School Association. Students who fail to meet the academic standards set forth by the school district will not be allowed to compete until those standards are met.

High School Students:

Students involved in extracurricular activities must pass 25 hours (5 out of 7 classes) each week in order to be eligible for the following week. Students involved in extracurricular activities must pass 25 (5 out of 7 classes) hours each semester in order to be eligible for the following semester. Grades will be checked on a weekly basis, each Monday, with ineligible students being unable to participate from Monday through Sunday. Students will not regain their eligibility until the Monday following the ineligible week, and only if their grades indicate that they are passing 25 hours (5 out of 7 classes).

Middle School Students:

Academic standards must be maintained to meet the following: Student-athletes must pass 6 out of 7 classes each week in order to be eligible for the current week. Grades will be checked on a weekly basis the first school day of each week. Ineligible students will be unable to participate from Monday through Sunday during the ineligible week, beginning the day of the grade check. Students will not regain their eligibility until the Monday(or first school day) following the ineligible week, and only if their grades indicate they are passing 6 out of 7 classes.

8. Transportation to and from Extra-Curricular Events

All students participating in extra-curricular and co-curricular activities must ride the school provided transportation to and from all events. The exceptions to this policy will be in the case of a medical emergency, if the student participates in another school function, or any other situation pre-approved by the principal or athletic director. Transportation release forms, available in the high school and middle school offices, should be completed and returned by the parent/guardian at least 24 hours in advance of the date of the activity. If you are unable to give a 24 hour notice, please see the head coach and sign the sign off sheet the day of the activity.

9. Attendance

Students involved in extracurricular activities are expected to attend school. Attendance will be checked on a daily, period-by-period basis. Students must be in attendance for ½ of the day of the contest or practice in order to compete in the contest or practice. If a student athlete must be absent, proper notice or documentation must be presented the day of the appointment in order to participate. Any exceptions must be approved by the school administration or athletic director.

10. Suspension from School

- a. A student serving an out-of-school suspension will not be allowed to participate in practices, events, or games during the suspension period.
- b. A student serving an in-school suspension will be allowed to participate in practices, but not events/games during the suspension period.

11. Prospective College Students

Students who are interested in pursuing their sport at the college level should discuss NCAA and other eligibility requirements with their coach, the athletic director, or guidance counselor to ensure that they will achieve the appropriate qualifications.

12. Equipment

All equipment assigned to the student belongs to the school. The student is responsible for laundering and maintenance of equipment in his/her possession. Any lost/stolen equipment must be paid for at the end of the season or semester. If payment is not made, the student will not be allowed to participate in another sport/activity until the equipment is returned or restitution is made.

DRUG TESTING POLICY

Johnston City High School and Washington Middle School

The Board of Education of Johnston City CUSD #1 recognizes the health risks and dangers associated with the use of illicit drugs and alcohol. Drug and alcohol use by students is a threat to the students, faculty, and staff. It jeopardizes the student's health as well as the health of other students, faculty, or staff members. The use of alcohol and other drugs also diminishes the learning and judgment of the individual. The risks associated with the use of alcohol and other drugs include but are not limited to, impaired judgment, diminished capacity, addiction, deterioration of body organs and reduction of the capability of the individual.

Athletics and other extra-curricular activities are an integral part of the school and community. The Board of Education encourages all students to become involved in a wide variety of extra-curricular activities, but believes that the opportunity for participation is a privilege not a right.

In order to prevent the harmful effects of alcohol and drugs, to help students achieve to their highest possible level, and to arm our students with another reason to say "NO", the Johnston City School District is conducting mandatory drug testing aimed at all students involved in extracurricular activities and those high school students who drive to school.

The privilege to participate in extra-curricular activities requires an agreement by the student and his/her parent(s)/guardian(s) to submit to testing for the use of alcohol and other drugs. The drug-testing program will be applied to all high school and middle school students who participate in extracurricular activities and high school students who drive to school, provided that the extra-curricular activities and driving do not affect a student's grade.

The drug-testing program is not intended to be a punitive measure, but rather a way to help our students stay away from the usage of alcohol and other drugs, to help our students who do have a substance problem, and to promote a drug free environment for our students.

Procedures

A. Random Drug Test

Johnston City Community Unit District No. 1 Schools will be contracting the random drug screening program with a third party company during the 2022-2023 school year. The third party testing company will provide the District with their testing/chain of custody protocols that the company will utilize.

B. Signed Consent

Any student involved in extra-curricular activities at Johnston City High School or Washington Middle School and high school students, who drive to school, and his or her parent /guardian, must sign a written consent for drug testing (Appendix E). If any student or parent/guardian refuses to sign the consent, the student will be ineligible for extra-curricular activities and/or he/she will be unable to drive to school and he/she will remain ineligible until the consent is signed.

C. Medication

Students involved in any extracurricular activity who have been taking medication should notify the third party representative at the time of the test. If a positive test occurs, the administration may then contact the parent for verification.

D. Student Selection

All extracurricular participants and students who drive to school may then be tested randomly over the course of the entire year. Testing may be conducted, at random, unannounced times. Testing dates will be determined by the school administration and athletic director.

For testing purposes, names of all students participating in extracurricular activities and students who drive to school will be provided to the third-party administrator of the testing program, who will randomly select students for testing and notify the district of the students that have been selected. After a student has been randomly tested, the student will be returned to the testing population and subject to random reselection. If a student refuses to submit to the urine/saliva test, he/she will fill out a refusal statement (Appendix A) and will be ruled ineligible to participate in extracurricular activities and to drive to school for one calendar year.

E. Notification of Test Results

Johnston City High School and/or Washington Middle School will receive notification of the results.

A. Negative Test

Negative drug screens are reported only to the school to report to the students and parents/guardians.

B. Positive Test

Positive drug screens are only reported to the school. The school shall communicate the positive result to all parties involved. If the test is positive, the student shall be subject to the consequences found within the Code of Conduct provision of this handbook.

If a student tests positive for alcohol or drugs the following measures will be taken. A student and his or her parents/guardians can appeal the decision to the principal and superintendent and finally to the Board of Education.

F. Performance-Enhancing Drug Testing

Studies have shown that high school students across the nation, including Illinois, are using anabolic steroids, and dietary supplements to increase athletic performance at great risk to themselves. It is because of this concern for the health of our students that Johnston City High School and Washington Middle School may randomly select ~~two to four~~ students from each testing group to test for androgenic anabolic steroids, prohormones, designer anabolic steroids, essential masking, anti-estrogen agents and diuretics. The selection process and chain of custody procedures for performance-enhancing drug testing will be the same as regular drug testing procedures.

G. Privacy/Confidentiality

The test results shall be kept in confidential files separate from a student’s permanent educational records. Any improper disclosure of test results by any District employee may be grounds for disciplinary action. Furthermore, to the extent permitted by law, the information obtained in the operation of the drug testing program will remain confidential.

H. Reasonable Suspicion

The Johnston City School District specifically reserves the right to test any student involved in extracurricular activities and high school students who drive to school, at any time, where reasonable suspicion of drug usage has occurred. Employees may use the guidelines for suspicion of alcohol or drug usage outlined in Appendix C.

I. Contact Information

It is imperative that the administration of Johnston City High School and Washington Middle School have up-to-date phone numbers of the parent(s)/guardian(s) of students involved in extracurricular activities and high school students who drive to school. Please fill out Appendix D with up-to-date phone numbers.

JOHNSTON CITY COMMUNITY UNIT SCHOOL DISTRICT NO. 1

PARENT CODE OF CONDUCT FOR ATHLETICS

Parents play a vital role in the development of student athletic abilities; therefore, consider the following athletic code of conduct:

- Be a positive role model through your own actions to make sure your son/daughter has the best experience possible.
- Be a “team” fan, not a “my kid” fan.
- Show respect for the opposing players, coaches, officials, spectators, and support groups.
- Don’t instruct your son/daughter before, during, or after the game, because it may conflict with the game plans or strategies.
- Praise student-athletes in their attempt to improve themselves as students, athletes, and especially as citizens.
- Gain an understanding and appreciation for an outstanding play by either team.
- Help your son/daughter learn that success is oriented in the development of a skill, and should make a person feel good about themselves, win or lose.
- Reinforce the school’s Athletic Code of Conduct along with the policies and procedures outlined in the Student Handbook.
- Remember that a ticket or admission to a school athletic event is a privilege to observe the contest.
- Remember that appropriate behavior is a must at all athletic events. Please do not embarrass yourself, your son/daughter, or your community. Disciplinary action may be taken if you violate your privilege at a school athletic event or activity.
- If you, as a parent have a concern, be sure to follow the designated chain of command.
 - Student athletes should meet with the head coach first to discuss concerns.
 - If the situation is not remedied please contact the head coach to schedule a meeting (athletic director and student will attend the meeting).
 - Please follow the 24 hour rule when contacting the head coach. Please do not approach any member of the coaching staff with a concern before/during/after practices, games, or team activities.

FANS CODE OF CONDUCT FOR ATHLETICS

We feel that fans play a vital role in the encouragement and support of student-athletes, therefore, consider the following athletic code of conduct:

- Be a positive role model through your own actions to make sure all athletes have the best experience possible.
- Show respect for the opposing players, coaches, officials, spectators, and support groups.
- Don’t instruct athletes before, during, or after a game, because it may conflict with game plans or strategies.
- Praise student-athletes in their attempt to improve themselves as students, athletes, and especially as citizens.
- Gain an understanding and appreciation for an outstanding play by either team.
- Remember that a ticket or admission to a school athletic event is a privilege to observe the contest.
- Remember that appropriate behavior is a must at all athletic events. Please do not embarrass yourself, your son/daughter, or your community. Disciplinary action may be taken if you violate your privilege at a school athletic event or activity.

Home of the Indians...Where Winning is a Tradition

APPENDIX A

JOHNSTON CITY COMMUNITY UNIT SCHOOL DISTRICT #1
REFUSAL STATEMENT

Student Name: _____

I hereby acknowledge that I refused to be tested on _____ (date).

I understand that I am ineligible for all extracurricular activities and/or my driving privileges will be suspended for one calendar year.

Student Signature

Principal Signature

Athletic Director Signature

Date

JOHNSTON CITY COMMUNITY UNIT SCHOOL DISTRICT #1
REASONABLE SUSPICION CHECKLIST

Students may be required to submit to alcohol and drug screenings if there is a reasonable suspicion to believe that the student is under the influence of alcohol or drugs or that the screening will detect the presence of alcohol or drugs in the students' body.

ODOR

- Distinctive odor of intoxicant on breath
- Distinctive odor of cannabis on breath, clothing or hands

WITNESS

- A reliable individual relays information of usage of drugs or alcohol. The principal or athletic director will decide how reliable the witness is.

SPEECH

- Slurred
- Unusually loud
- Hesitant
- Unusually fast
- Unusually slow
- Incoherent

EYES

- Red
- Watery
- Heavy eyelids
- Pupils constricted
- Pupils dilated
- Pupils unable to follow object

BALANCE

- Unsteady
- Deliberate or over careful
- Swaying
- Leaning
- Stopped
- Poor Coordination

CONFUSION

- Difficulty in recalling instructions
- Difficulty in recalling mistakes
- Difficulty remembering
- Paranoid
- Irrational

APPEARANCE/CLOTHING

- Coming to school with a dramatic change in physical appearance
- Unduly nervous
- Drooling
- Hyperactive

Student in question: _____

Individual completing checklist: _____ (Printed Name)

_____ (Signature)

_____ (Witness' Signature)

(Appendix D, E and F must be returned to the school office)

APPENDIX D

**JOHNSTON CITY COMMUNITY UNIT SCHOOL DISTRICT #1
UP-TO-DATE PHONE NUMBERS**

Student Name _____

Home Phone: _____

Father's/Guardian's Name: _____

Father's/Guardian's Home Phone: _____

Father's/Guardian's Work Phone: _____

Father's/Guardian's Cell Phone: _____

Mother's/Guardian's Name: _____

Mother's/Guardian's Home Phone: _____

Mother's/Guardian's Work Phone: _____

Mother's/Guardian's Cell Phone: _____

Other Emergency Phones/Names: _____

(Appendix D, E and F must be returned to the school office)

APPENDIX E

**JOHNSTON CITY COMMUNITY UNIT SCHOOL DISTRICT #1
CONSENT FORM FOR CONTROLLED SUBSTANCE,
ILLICIT DRUG, AND ALCOHOL TESTING**

I/We have received a copy of the Johnston City High School/Washington Middle School Extracurricular/ Student Driver Drug Testing Policy and have read and understand the policy.

I/We desire that _____ (student's name) be permitted to tryout for and participate in extracurricular activities and/or drive to school and hereby agree to the terms of this program.

The student agrees to abide by the Drug policy in the Handbook and agrees to abide by the Extra-Curricular/Student Driver Drug Testing Policy.

I/We accept the method of obtaining urine samples, testing of such specimens, and all other aspects of the program as explained in this policy. I/We agree that the above named student will cooperate in furnishing urine specimens whenever requested within the specifications of the policy. Refusal to comply with the testing program will result in ineligibility in extracurricular activities and/or driving privileges for one calendar year.

I/We further consent to the disclosure of sampling, testing, and results as explained in this policy.

This consent is given to all State and Federal Privacy Statutes and is a waiver of rights to non-disclosure of such test records and results only to the extent of the disclosures in the program.

Student Signature

Date

Parent/Guardian Signature

Date

(Appendix D, E and F must be returned to the school office)

APPENDIX F

**JOHNSTON CITY COMMUNITY UNIT SCHOOL
DISTRICT NO. 1**

**EXTRACURRICULAR ACTIVITIES/STUDENT
DRIVER AND DRUG TESTING POLICY
HANDBOOK
SIGN-OFF SHEET**

2022-2023

Student Name (Printed)

Student Signature

Parent/Guardian Signature

Date

The signatures above acknowledge receipt of the Extracurricular Activities/Student Driver and Drug Testing Policy Handbook by the student and parent/guardian, and agreement to abide by the rules therein. I/We further acknowledge that, upon written or oral request, the administration will be available to clarify or otherwise discuss the Handbook.